

# NEED TO SEE A DOCTOR? WE'VE GOT CONNECTIONS.

Amwell and MDLIVE are now available through your health benefit plan.



We call it Cigna Telehealth Connection. Now you can get the care you need – including most prescriptions – for a wide range of minor conditions – by connecting with a board-certified doctor via video chat or phone, without leaving your home or office. When, where and how it works best for you!

### Choose when:

Day or night, weekdays, weekends and holidays.

### Choose where:

Home, work or on the go.

### Choose how:

Phone or video chat.

### Choose who:

Amwell\* or MDLIVE\* doctors.

### Use Cigna Telehealth Connection to connect with a doctor about:

- › sore throats
- › headaches
- › stomachaches
- › fevers
- › colds and flu
- › allergies
- › rashes
- › acne
- › UTIs and more

### Cigna Telehealth Connection

Request a consultation 24/7/365



AmwellforCigna.com  
855.667.9722



MDLIVEforCigna.com  
888.726.3171

24/7/365 access to U.S.  
board-certified doctors



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### Your telehealth information cards

Keep these cards handy so you're ready when, where and how you need a doctor.

Together, all the way.®



Offered by: Cigna Health and Life Insurance Company or its affiliates.

## Choice is good. More choice is even better.

Amwell and MDLIVE are both quality national telehealth providers, so you can choose your care confidently. When you can't get to your doctor, Cigna Telehealth Connection is here for you.

Typically, televisits with Amwell and MDLIVE cost less than going to a convenience or urgent care clinic, and significantly less than going to the emergency room. And the cost of a phone or online visit is the same or less than with your primary care provider. Remember, you should only use telehealth services for minor, non-life-threatening conditions.

## When to use Cigna Telehealth Connection

- For minor, nonemergency medical issues (especially as an alternative to the high cost of an emergency room or urgent care center)
- Your doctor or pediatrician is not available on your schedule
- You are traveling and need medical care
- You need a prescription or refill\*\*
- When it's not convenient to leave your home or office
- Anytime, including nights, weekends and even holidays



## Signing up is easy!

- Set up and create an account with one or both Amwell and MDLIVE
- Complete a medical history using their "virtual clipboard"
- Download vendor apps to your smartphone/mobile device.\*\*\* Visit the website or call to register

Register for one or both today so you'll be ready to use a telehealth service when and where you need it.

**AmwellforCigna.com,\* 855.667.9722**

**MDLIVEforCigna.com,\* 888.726.3171**

**The cost savings are clear.**

\* Availability may vary by location and plan type and is subject to change. See vendor sites for details.

\*\* There is no guarantee that a prescription will be written. Not all prescriptions may be covered under your medical plan. See your plan documents for details of your plan's prescription drug coverage.

\*\*\* The apps will be available for download on January 1, 2017. The downloading and use of any mobile app is subject to the terms and conditions of the mobile app and the online stores from which it is downloaded. Standard mobile phone carrier and data usage charges apply.

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Complete a medical history using their "virtual clipboard"



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Amwell and MDLIVE are independent companies/entities and are not affiliated with Cigna. The services, websites and mobile apps are provided exclusively by Amwell and MDLIVE and not by Cigna. Providers are solely responsible for any treatment provided. Not all providers have video chat capabilities. Video chat is not available in all areas. Amwell/MDLIVE services are separate from your health plan's provider network. Telehealth services may not be available to all plan types. A Primary Care Provider referral is not required for Amwell/MDLIVE services. In general, to be covered by your plan, services must be medically necessary and used for the diagnosis or treatment of a covered condition. All group health insurance policies and health benefit plans contain exclusions and limitations. See your plan materials for costs and details of coverage, including other telehealth/telemedicine benefits that may be available under your specific health plan.

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